

Polly

Nirvana

The musical score for 'Polly' is written in 4/4 time and consists of four staves of guitar notation. Each staff shows a sequence of chords with their corresponding fretboard diagrams and strumming patterns. The chords and their positions are:

- Staff 1: E (open), G (open), D (open), C (open). Strumming patterns include 'x' (muted) and 'V' (downstroke).
- Staff 2: D (5fr), C (3fr), G (3fr), B^b (open), D^v (open).
- Staff 3: C^{III} (3rd fret), G^{III} (3rd fret), B^b^I (1st fret), D^v (open), C^{III} (3rd fret), G^{III} (3rd fret).
- Staff 4: B^b^I (1st fret), D^v (open), C^{III} (3rd fret), G^{III} (3rd fret), B^b^I (1st fret), E⁵ (5th fret), E⁴ (4th fret).

Having trouble with bar-chords & reading strumming patterns?

Polly includes several bar-chords and the strumming pattern features 'percussive strums' plus changes to the new chord on an upbeat. Although it doesn't sound complex, it's not a suitable song for beginners: you need to develop good finger & wrist strength to play whole songs with this many bar-chords involved. To learn more about how bar-chord forms are moved along the fretboard, and how to create concise Rock rhythms, check out ***Modern Guitar Chord Styles, Volume 2***

If you need know more reading strumming rhythms, open-position chords and chord-change techniques, then check out ***Modern Guitar Chord Styles, Volume 1*** - both of these books have heaps of good practice progressions and professional tips to get you on the way to playing the songs you like with confidence.

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